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GOOD MORNING – Bobby Schuller (BS) and Hannah Schuller (HS)

BS: This is the day the Lord has made. We will rejoice and be glad in it. Good morning.

HS: And hello visitors and church family. Thank you so much for joining us. God is not your grandpa; He is your Father. He is the God of every generation, and He is not far off from you, and He loves you.

BS: Let's begin with a word of prayer. Father, we thank you so much for your Holy Spirit. Thank you for your word. Thank you that you're doing a good thing in our lives; you're doing a good thing in our towns, our countries, our counties, our states. Thank you that your Holy Spirit is at work in all that we put our hand to. Help us to be more like your Son Jesus. We're so grateful for Him, and it's in His name we pray, everyone said amen.

HAVEN: Turn to the person next to you and say God loves you and so do I.

SCRIPTURE – Isaiah 9,2,6-7 – Hannah Schuller

In preparation for the message, Isaiah 9:2 and 6 through 7: The people walking in darkness have seen a great light; on those living in the land of deep darkness a light has dawned. For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace. Of the greatness of his government and peace there will be no end. He will reign on David's throne and over his kingdom, establishing and upholding it with justice and righteousness from that time on and forever. The zeal of the Lord Almighty will accomplish this. Hallelujah, amen.

ADVENT CANDLE LIGHTING (HOPE) – Russ & Deanna Jacobson & family

LANI: Hello. We are the Jacobson family, minus my older brother, Teo, because he's turning 21 today and he's at Disneyland. The people who walked in darkness have seen a great light; those who lived in a land of deep darkness - on them light has shined. We join with brothers and sisters around the world, lighting a candle each week as we journey through Advent.

Today, we light the candle of Hope.

LEA: Even though the world seems like a dark and violent place, we know that the light of the world in God's Son is coming and He brings our salvation. Standing against all suffering and darkness, we light this candle. Together, we proclaim to the world that in Christ, we have eternal hope.

DEANNA: We now invite you to join in unison as we pray together: Faithful God, out of the chaos and dark violence of our times you come bringing the light of hope. Renew us, that we may work toward the coming of our Messiah, hope for all the nations. God of promise, God of hope, into our darkness come. Through the hope of the ages, Jesus Christ, we pray. Amen.

INTERVIEW – Heather Martin (HM) with Bobby Schuller (BS)

Heather Martin is a wife, mother, and author who spent 14 years working as a career counselor to help people find direction and calling. Her new book, *The Best Gift of All: Daily Readings and Activities for 24 days of Advent and 12 Days of Christmas for the Family*, helps connect the Biblical story of Christmas to how we celebrate it today. NK: Absolutely. So a couple of years ago, I was looking around my life and I just saw that everything was looking different, things were changing. I was waking up day after day saying things like I just feel so lost right now. I don't know where I belong, and seasons were ending, and seasons were beginning, and I found myself in this really messy, middle place. And so I sat down and I wrote a message that my soul needed, and it turns out there's other people that needed it, too.

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BS: Heather, hi! Great to see you again.

HM: Hi! Thank you so much.

BS: We're so glad to have you here, and I'm really excited about this book to help families, or anyone, use the Christmas or Advent season as a time; both, really, as a time to grow in faith. But first, tell us a little bit about your faith journey.

HM: Well I was raised in a Christian home, and so I feel like I've walked with Jesus all my life. I went to a Christian university and He's played a prominent role in my life this whole time. And so when I discovered Advent, it was kind of surprising that I didn't know more about it until I started investigating something that would help my family stay more Christ-centered during, that can be so frenzied, about other things.

BS: There's kind of a pendulum in faith, and I think our parent's generation, the boomers, a lot of them grew up with a lot of religion – bad religion, and tradition, and so they wove a lot of, I think, tradition and some of these things that have been around for a long time with oh that's a part of the bad stuff. And I think a lot of our generation, it's kind of like well I think there was a lot of good freedom and Holy Spirit stuff that came in that, but what if we could get some of that back. Not throw it all out, right?

HM: Absolutely. Yes, and I think that some of those traditions like saying the Lord's Prayer, or participating in things like Advent and even Lent can really help center you in a time where society is doing everything it can to keep you distracted.

BS: So this book is called *The Best Gift of All*, and you're helping families kind of put a plan together to do this in their own home. What was the driving force for you? Like did you write it for yourself first, or how did it come about?

HM: Well I definitely wrote it for my family, but also keeping other families in mind. And I wrote it for, honestly, like parents of young kids who wanted to keep Christ at the center of Christmas, and really it has felt like you have the modern day Christmas, and then you have the nativity, and you're trying to celebrate them and honor them both at the same time, but they compete for your attention and if I as an adult am struggling with that, how much more so are our kids having a hard time knowing what to focus on. And so what I did was I said okay, all of this is done for a reason, and it just takes a little bit of time to piece it out. And so there have been two thousand Christmas' since the birth of Christ, and stories and characters and traditions have emerged in that time that we can use to springboard back to the birth of Christ, rather than it feeling ancient and removed.

BS: I love that, by the way. And so part of what you're doing in helping people go deeper with their families, I mean like one of the things it's just like five minutes, right? It doesn't take a long time.. it doesn't have to be like a whole devotional Bible study service. You were saying you grew up with the like little chocolate flap things, right? What are they called again?

HM: Well they call them Advent calendars now but I think when I was a kid, they were like Christmas countdown, so each day open a little flap and get a chocolate, and it's all well and good. I wanted to infuse some faith and really the meaning behind Christmas into that, and that's where this book came from.

BS: That's great. And it's one of the reasons I wanted to have you on here is I wanted people to get ahold of this to make Advent and Christmas a season of worship, not just a season of fun. And it is fun, and worship is fun, too. But again, you've got finals going on with kids in school, a lot of people are single, too, and they want to go deeper. I mean does this work for single people, as well? I mean there's a way you can use this to either gather your friends together, gather your family together, but make a little time during the season to make sure we don't forget Christ is at the center of Christmas.

HM: Well and I really do try to springboard off of what's already happening because as a busy mom with young kids, we do not need an extra thing and so I really tried not to make it an extra thing. Like there's a little extra things, I'll be honest, but I really tried to take what is already happening and how can that be a segway instead of a whole extra tradition on top of what's already there.

BS: That's great. The book is called *The Best Gift of All: Daily readings and activities for 24 days of Advent and 12 days of Christmas for the family* by Heather Grace-Force Martin. Get it wherever books are sold. Heather, thank you so much.

HM: Thank you so much.

BS: We appreciate it.

HM: Appreciate it.

BS: That's great.

HM: Thank you.

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DECLARATION – Bobby Schuller

All right, no matter who you are, would you stand with us? We're going to say this creed together. Hold your hands out like this as a way of receiving from the Lord: I'm not what I do. I'm not what I have. I'm not what people say about me. I am the beloved of God. It's who I am. No one can take it from me. I don't have to worry, I don't have to hurry, I can trust my friend Jesus and share His love with my neighbor. Thanks, you can be seated.

MESSAGE – Let the Promise Lead the Process

I want to begin this morning, first by addressing that we are in Advent, and today is the first Sunday of Advent, which the theme is Hope. Hope. Hope is a wonderful word when its Biblical context, but I have a little bit of a weird thing with hope. Last year I gave a sermon called Hope is for Noobs. And people have wondered 'what's your deal with hope.' And I'm going to get to that in just a bit. But we need hope. Right? We need to have hope in life. The Bible says "God so loved the world that He gave His only Son, that whoever believes in Him will have eternal life." Look I think this is so simple that all we have to do is reach out and grab it and say yes to the Lord. I want to encourage you to make a decision today to follow Christ. You only have so many chances. I want to encourage you today, because if you have that hope, so many other things in life begin to lighten up, because you're not crippled by fear of death. So let's talk about hope. Hope is a word that annoys me sometimes because here's how people use the word hope: I hope my life gets better. I hope my relationships get better. These are the types of hopes that we use all the time, and we call that Charlie Brown hope. That's the kind of hope that says I'm not going to do anything, I'm just going to hope. I'm not going to respond, I'm not going to change, I'm just going to sit back and hope. And that is not the kind of hope that we see in the Bible. The word in the Bible that's used for hope is a word "elpis." I know it sounded like I said Elvis, but I said elpis with a "p". And here's another way to translate the word elpis instead of hope, you can use the word "anticipate." Anticipate. Here's another word: welcome, or to prepare, as though you know something is about to happen. Here's a better one: expectation of what is certain. See, hope in a Biblical view is not 'I hope my life gets better.' Hope in a Biblical view is my life will get better because I serve a good God and I'm going to do the things it takes to make a better life. Here's the kind of Charlie Brown hope that we reject – walking on a random part of the street and hoping a bus stops and picks you up. You may see a bus go by, but can I make you a promise? It won't stop for you or anybody else. Buses stop at bus stops. Here is what a Biblical view of hope is – I'm going to go to the bus stop and I'm going to wait for the bus because I know bus stops are where buses stop. And here is the big difference between I hope my life gets better, and I hope in Christ who makes my life better. I hope that I get better, versus I hope I read the right books, use the right time to become the kind of person I'm supposed to have. So hope in God is this: it is a vision of my life based on God's word. Hope is a vision! It's a vision. It's something that you see in your imagination, inspired by God's word and promises that you can trust on. In the same way that you see the bus stop schedule, you can read the word of God and know this is God's plan for my life. It's hard to get on with life and grow your life and improve your life and to develop your life if you don't have a vision for your life. We call that despair. We call that despair. But when you study the scriptures and you study people like you who have changed their lives, we call that hope. We call that fresh vision. We call that a reason to get up in the morning. You say to me, and we have a lot of older Christians today, wonderful, amazing people; you say well I'm in the twilight of my life. I've already done what I've done. I'm here to rest on my laurels, or I'm here to take it easy. You might say to me God won't do anything in my life, and I have a word for you, and that word is hogwash. One of my favorite words. If you're alive, a God of providence has kept you alive for a reason, and it's not just a good round of golf. And it might be that, but it's not just that. If you are an older Christian, it's time that we show other older Christians what it means to live a life of purpose and meaning. To make every day count. To become who we're called to be. To achieve our greatest goals in this time. Let me just say that no matter how old you are, the older you are, the more experience, the more you've learned; isn't it amazing to think that if you're an older person, all the days and years of your life have rolled up into this one moment to be who you are today – the most experienced and smartest and most knowledgeable version of you! What a great day to make a difference in your life, and in the world, the day in which you look in the mirror and say that's an old man. And anyway, God likes to use old men and old women, did you know that? Let me ask you a question: how old was Abraham when God gave him the promise? He was 75.

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Now today that's not so old, but in those days, in the bronze age, 75.. that was an old man. And he was promised at 75 years old that he would sire a child, and he would be the father of what? Many nations. Wow. At 75? And so you think well, you give a promise like that to a 75-year-old, God better hurry up. Better hurry up, right? He doesn't have much time before he's going to have to have this child and rear him in a dangerous world. But God didn't hurry up. God went at God's pace. What was God's pace, do you remember how old Abraham was when he had a child? He was a hundred years old. He was a hundred years old. God made a promise to Abraham at 75. Abraham had to wait 25 years to see the promise fulfilled. You say to me I'm 75, I'm 80, I'm 85, I'm 90, I'm 95. You still got five more years, or more! Or more. I can't tell you how many times.. you know one of the great things about being a pastor is that you get to be a part of beautiful things like baptisms and weddings, and you do a lot of them, but you also find yourself at a lot of hospitals; you find yourself at a lot of homes. You find yourself visiting congregants who are aging and suffering. One of the most inspiring things I've ever seen is walking through a hospice center, or a nursing facility, and you see people reading books on self-improvement, reading the newspaper, reading the Bible, working on themselves, studying a language. Well of course they are, it ain't over till it's over, right? That's what Yogi Berra said. It ain't over till it's over. And for some of them, that's true. Some people do get out of even a horrible place like hospice. I know a man who was in hospice for three months. He got out, lived another ten healthy years and died. Good thing he was working on himself in hospice getting ready for another decade of high impact life. Let us be that kind of person. Let us not be hopeless and in despair. And anyway, if you're meant to die, better to enter into heaven a better version of yourself than a worse version of yourself. No better day than today to work on you and become who you're called to be. So many young people today also don't have any hope. They don't have any vision for their life. How many young people today say things like well, how can I succeed in a world where real estate prices are so high, or where I can't find a good man or a good woman, or everything is systemically this and that, or everything isn't fair, or the system is broken down, etc., etc. And can I just tell you this will always be a thing that some young people say. Those of you who consider yourselves older, by a show of hands, when you were young, did people when they were young say things like that? If the answer is yes, raise your hand. You see, my friend, spring always follows winter, summer always follows spring, fall always follows summer, and winter always follows fall. I think I got that right. Things, in some ways, never change. Here's what will never change. There will always be problems in government, there will always be price problems, there will always be people problems, there will always be negative relatives, there will always be unfairness, but things in life will not change for you until you change. If you want a new life, you need to become a new person. And if you have achieved that life, never stop! Don't rest on your laurels. That's also a despairing life. If you've already succeeded and you've crossed the finish line, it's time to get a new dream. It's time to get a new goal that challenges you. It's time to develop into who you're called to be. Here's what's certain: if you change, your life will change. That I know. Here's what's also certain: if all the other outside things that you want to improve, improve, you will not change unless you've changed in here. It has to happen here and here. And it takes effort and it takes commitment and you can do it. My friend, do not sleepwalk through your life. Don't sleepwalk through your life. We know what sleepwalking is. Maybe you have a kid who sleepwalked. I don't know how to pronounce.. is it sleep – walked. It sounds wrong. I sleepwalked. I still can't say it. When I was a kid, I remember.. well I don't remember, but I was told I was at my friend Abe's house, and I ran out into the living room; we'd already gone to bed, and apparently I said 'the crows are coming! The crows are coming!' And then ran back to bed. And when his parents asked me in the morning – what did you mean by the crows are coming? I had no idea because I was sleepwalking. I was nine years old and I'd be a little boy, come down in my pajamas, my parents are watching TV downstairs, and thinking I'd gone into the restroom, I guess, I opened the water closet, stepped up to where the water cooler was, did my business in the little water tray, pushed the water button down, I guess to rinse it down, and walked on back to bed. No memory at all of that. Sorry if that's not appropriate for church. But many of us do this in life. We're going through the motions. We're going through motions in parenting, we're going through the motions in our spiritual lives, going through the motions with our friends, with our work, and we're sleepwalking. We're doing stuff, but we're not making progress, and we know it. You need a change in your life, and here's where you make the change. The change doesn't happen when your wife or husband gets better; change doesn't happen when your kids get better, the change gets better when you get better, and you can, and you will. You see, in life, there are people who have a great impact, and there are people who do almost nothing.

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And you are meant to be someone who is not sleepwalking through life. I heard a podcast with a general. And it was interesting, I was almost insulted because I have a big thing in my heart for veterans, and I love people who serve. But this general gave this analogy, and he said we kind of think about it this way. If a hundred people/soldiers go off to war, there are ten somewhere in that group that are actually dangerous. They're not trained enough, they might cause friendly fire; they shouldn't even be there. There's another 80 there that we just think of them as like filler. They're kind of there and they're not there. And then in the midst of them, there are nine men or women who are real soldiers, and they're sprinkled about, and they're the ones who make the impact. Oh, and by the way, in that there's one man or woman who we think of as a warrior – the most elite in the group of a hundred. And the whole point is to get those ten people in that group of a hundred to the action point they need to get to. I thought this was interesting because the first thing I hear is boy I don't want to be one of those ten; those ten that shouldn't even be there, I mean. And I really don't want to be one of those 80 that are filler. I don't want to sign up to serve my country and I hear a general refer to Bobby Schuller as one of the many who was filler. Right? You want to count yourself among the nine or even the one. Now not in real life, obviously as Christians, we love peace, etc., but in life, we want to be the kind of person who makes an impact. Here's something that's always true – we all want to have an impact in life. We all want to have an impact in life. The impact that you have on the outside happens when you get a vision for who you can be on the inside. The impact happens on the outside when the person on the inside is changed. When you say I will read as many books as it takes. I will listen to as many sermons as it takes. I will meet as many people as it takes. I will watch as many YouTube videos, listen to podcasts, have times of prayer in meditation, I will do it as much as it takes. And that is a great attitude to have. That is the attitude of someone who makes all the difference. How do we do that? We make little changes every day that have a big long-term difference. In life, you got to see it twice. You're going to see it twice. The first time you see that big vision, it's in your imagination. But the second time you see it is when you actually hold it in your arms. And can I tell you that is a good feeling. During Christmas in Advent season, there are many stories, but one of my favorites is the story of Simeon. Simeon, I believe, was told when he was a young man; now we don't always know all these details. Sometimes we just color between the lines. We just make sure it's in the lines. Like for example, did you know Humpty Dumpty, it never says at any point Humpty Dumpty was an egg? Think about it. You're doing it in your head, aren't you? Humpty Dumpty sat on a wall. Yes, Humpty Dumpty was a man who fell into pieces. I should have done that in the first service. First service is where you practice. So when you hear these stories, sometimes you can add color. You can think about well what might it have been like? And when I think about the story of Simeon, I think of him as a young man, and he was told as a young man, Simeon, by the Holy Spirit, you will see the coming of the Messiah in your life. That was the first vision. And his life went on and maybe he married, and maybe he had children and grandchildren, he had a job, and he retired, he kept this hope in his heart that someday he would see the coming of the Messiah. And finally as an old man, the story says, the Holy Spirit speaks to him again and says hey Simeon, He's here. Go into the temple. And Simeon runs into the temple and he's looking around, and he's led by the Holy Spirit, and he's looking for a prophet, a man, where is he? Where is he? He's looking for some great man, some great rabbi, some great leader. Who is he? Who's preaching? Who's teaching? Who's doing miracles? And then he sees it, and the Holy Spirit shows him it's what? A baby boy. It's a baby. Here's Rembrandt's version of the story. Simeon takes the baby in his arms. It's not a man at all, it's a little baby. This is what we call hope, right? This is what we call hope. And he holds the baby in his arms, and he says "at last, Sovereign Lord, what you said you would do, you have done. I can die now in peace." Isn't that a great feeling when you achieve something so amazing in life, when you see or witness or feel something so great in life, it sounds negative but it's actually positive to say – that this event was such an amazing experience for me, we actually have this saying – I can die now. I can die happy. I can die knowing that I witnessed the most beautiful thing that's ever existed on this green earth, and that is the Son of God incarnate. What a powerful story. So Simeon saw it twice. And that's what it is. That's what hope is. Hope is possibility thinking. That's what my grandfather called it – possibility thinking. It's asking the question "what's possible?" What is possible? What's possible for you at your young age, or your old age? What's possible for you with all of the things that you have? How limited are your possibilities? And you know what He would say to that? Very simply, if you can believe it, you can achieve it. But can I say the opposite, as well? My friend, if you can't believe it, you won't achieve it.

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If you can't believe it, you won't achieve it. And that is why we have to focus on the development of the person every day. And that's a great thing to do. It sounds taxing, it's not. It's a wonderful experience. How many of you, by show of hands, live in Orange County California? Most of you, that's good. First service, we had a lot of visitors. If I were to ask you what's the most expensive city in Orange County, you would say.. let's say it together: Newport Coast, Newport Beach, Newport whatever. Newport, right? Newport. Did you know at one time, Newport Beach, the most expensive city, and now the most expensive county in the most expensive state in the world, used to be a swamp. I read that this morning, I found it interesting. Newport Beach was a swamp. Some developers went in and they drained the swamp, and they created some beachfront property, and guess what – they couldn't give it away. They couldn't give it away. And they tried to sell it for six hundred dollars for an acre. No takers, and they finally got down to twenty-five dollars, and then finally people started coming in, but there wasn't enough developed.. enough streets or electricity, and people started to leave. So guess what they did – at one point, if you bought an encyclopedia Britannica, it would include a random title for.. they called it post.. what did they call it? Postage stamp titles. And this would be beachfront property in places like Balboa Island, Balboa Peninsula, Bayside Drive, some of the most expensive place in the world. They were trying to give it away. And that used to be a swamp. Today, how much is that real estate worth? Not millions, tens of millions. Right? Millions upon millions of dollars. There's a guy in Orange County here, you might know his name, its Donald Bren. He's worth billions of dollars. He owns this little corporation called The Irvine Company. He lives there. There was another guy we called him The Duke, John Wayne, he also lived there. Now what's the difference between Newport Beach today, and the swamp that was there a hundred years ago? The answer is development. Here's what we learn from this story. You can turn any swamp into a paradise if you do one thing, and that word is development. This is a promise. It doesn't happen overnight, but it takes some time. It takes some time. Here is the opposite of possibility thinking. Here is the opposite of hope. It's obvious, isn't it? Impossibility thinking. The type of thinking that says I'm too old, I'm too young, the system is rigged, everything's messed up, I can't do anything, its everyone else' fault. This is the blanket of mediocrity. The blanket of a mediocre life. We call it a blame list. All of us have a blame list, some are long, some are short, but the shorter your blame list gets, the better your life gets. It's hard when your best friend who you've known for twenty years says, hey Bobby, what about that dream you had. You never did it, and what's up with your life? Where are you going? And what are you going to tell them? It's my fault because I've woven into my life the types of disciplines and thinking that got me where I am today. No! That'd be a great answer! That'd be a great first step. What are you going to hear? Its taxes. It's the government. It's the Republicans or the Democrats, it's whatever the opposite is of what you are. It's the real estate prices. They're too high. Or they're too low. Or its high calorie food, or the cost of living, or it's this horrible boss, or it's my negative relatives, or it's the system. It's this, it's that. We call that a blame list. Now if you're a winner, you don't call that a blame list. So the high achievers, high impact people call this challenges. You don't pretend they're not there. You know they're there but you work around them and you work through them by becoming who you can be. Get rid of that blame list. The longer your blame list, the smaller your future. I don't say that to be mean, I just have my Uncle Bobby hat on. I say it because I love you. The Bible in Psalms chapter 1 says "blessed is the man or woman who does not walk in the way of the wicked." Wicked is not so bad, at least you're walking, right? At least you're walking. "Or stand in the way of sinners," and now the wicked person becomes a sinner, they're frozen in a spot. And then the final, the worst thing, "or sit in the seat of" what's that? That is a life that's gone from walking, to standing, now sitting, it's completely shrunken, "who sits in the seat of" and the word is "mockers." Mockers. That's the worst place to be. That means not only have you hurt people, not only have you not acknowledged the way you've messed up, you're now mocking people who are doing the right thing. You're mocking the people who have made a difference. You're mocking the people who are working on themselves. Stay away from the cynic, stay away from gossipers. If you think you're a cynic or a gossip, change your ways. Become a new person and you can do it in Jesus Christ. Finally, this last thought, you say well what should I actually do? I'll tell you what you should do – you should spend every morning, you should pray, read, and write down your goals. That's 50% of it right there. When I was a kid, I remember being in this thing called Teen Mania, and this is like the most important thing they taught us – to have this thing they called a quiet time. That every morning, you begin every day with the Lord. And it only takes fifteen minutes. And what do you do? You pray, you write down your to-do list, and then you read. It's pretty simple. And guess what?

Let the Promise Lead the Process

There was a huge study done recently by a secular guy, Brendon Burchard, and he looked at 190 countries, and he did this multimillion-dollar investigation, and he did it in conjunction with the University of Pennsylvania, and he found that the people that had the highest impact in life, whether it was artists or civil workers or political leaders or business owners, that they all had something in common in their morning routine. And guess what – it was the Teen Mania quiet time. Isn't that amazing when the world discovers something we've been doing forever? And they go wow that seems to really make a difference in your life. They found this. Number one – they meditate or pray every morning. Don't let that word meditate scare you, if you're a committed Christian, by the way. That is a Christian idea, as well. The Bible, remember when it talks about itself, doesn't say to study it, it says to meditate, right? Blessed is the man whose delight is on the law of the Lord, and on his law he meditates day and night. That word is "hagah," it means to chant or say it over and over. You can do that by memorizing scripture, you can do that by saying the Lord's Prayer very slowly and letting it sink into your skin. And just take a moment about five minutes in the morning, to just pray over your life and over your day. It gets you centered, gets you ready. Number two – the high impact people, they write down their goals, and they write down what they want to accomplish for the day, just like in the Teen Mania quiet time. Look at that. Don't have to spend a lot of time on this, just make sure that your day is not a zero day. You're deciding you're going to get from the day, not get through the day. You're deciding you're going to make a difference today with your colleagues, with your family, with your friends and what you want to achieve. And number three – they read, and it's usually a sacred text like the Bible. Or it can be a book that you've been wanting to get to for a long time. There's something about reading, though, that adapts your thinking to do better throughout the day. You think more logically, rationally. I have a very soft spot in my heart for readers. There are people who read a lot and they're different than everybody else in a really good way. So become that kind of person. And you only need to give five minutes to each of those three things and your life will change. My friend, here is where the real hope is – the hope is Christ within you. The hope is when you build your life to be the ideal version that you would want, that God would want, that your neighbors, your friends, your families, to become the person you were called to be. It's not one big sweeping thing. It's the little things that happen over time that together make a huge difference in your life. Everything can change today, but first you got to change in here. So Holy Spirit, we ask you to help us do that. We invite you spirit of God to renew and refresh us. There are some in here under the sound of my voice who find themselves in spiritual bondage. Speak against those chains. In Jesus' name, may they be broken forever. And may the life of your spirit flow in our veins and mind and heart. Today is a new day in Jesus' name. We thank you. Amen.